



## PROMOTE AND EXPAND HEALTHY CHOICES FOR YOUR TEAM

Farm to Work, a program of *Healthy Lives*, works with area farmers to bring your employees easy and affordable access to fresh produce with convenient online registration and payment options.

Participants receive fresh, locally grown, and seasonal produce delivered directly to the worksite during the 10-week spring/summer and fall/winter growing seasons. In addition to the produce, participants receive reminder emails, recipes, tips and storage guidelines to get the most from their produce.

### **BENEFITS OF THE PROGRAM**

- Surveyed participants report an increase in fruit and vegetable consumption.
- Locally grown foods are fresh and seasonal; each produce box contains 10 to 12 different types of vegetables and fruits. The farmer has formed co-ops with other area farmers to provide the greatest variation for our participants.
- Helps support your local economy and area farmers to compete in the global food marketplace.
- Saves participants money by eliminating the costs of shipping and storage fees that are added in at grocery stores.

### **COST**

- ▶ One time per season \$5 enrollment fee, plus
- ▶ 5 Box Plan: \$25/box x 5 boxes = \$125 total cost, every other week delivery, or
- ▶ 10 Box Plan: \$25/box x 10 boxes = \$250 total cost, every week delivery

**Summer Season:** May through July

**Fall Season:** October through December

For more information, call (855) 426-4325 or email [healthylives@fmlhs.org](mailto:healthylives@fmlhs.org).





## FREQUENTLY ASKED QUESTIONS

### ▶ DO WE HAVE TO REFRIGERATE THE PRODUCE?

No, but the produce boxes must be stored in a climate-controlled room such as a conference room, break room or air-conditioned stairwell.

### ▶ HOW WILL WE KNOW WHO GETS A BOX?

Each site designates a point of contact. *Healthy Lives* emails a sign-in sheet weekly. Each participant, or their designee, signs in when collecting their box. The completed sign-in sheets are then faxed or emailed back to *Healthy Lives* for reconciliation. It is your responsibility to ensure the security of the boxes during the pick-up times.

### ▶ HOW MANY EMPLOYEES NEED TO PARTICIPATE IN ORDER FOR OUR LOCATION TO BECOME A FARM TO WORK SITE?

A location needs to have a minimum of 20 boxes per delivery.

### ▶ HOW IS THE PRODUCE DELIVERED?

The farmer owns a refrigerated delivery truck. He and his staff deliver the boxes directly to the pickup location within your site.

Delivery occurs between 5:00 am and 10:00 am. We coordinate with you and the farmer to ensure your delivery occurs at a time when you have an employee available to receive the shipment.

### ▶ WHAT DO WE DO WITH UNCOLLECTED BOXES?

That decision is up to you. The participants sign a waiver informing them that uncollected boxes will not be held overnight and that they will not be issued a refund or a replacement. Most organizations choose to donate unclaimed boxes to a local food bank or charity.

### ▶ DO WE HAVE TO COLLECT PAYMENTS?

No. Participants enroll through the *Healthy Lives* website at [www.ourhealthylives.org](http://www.ourhealthylives.org) and arrange secure payment using a credit or debit card.

### ▶ ARE WE RESPONSIBLE FOR FARM TO WORK COMMUNICATIONS AND CUSTOMER SERVICE?

*Healthy Lives* has a Farm to Work program manager who handles all Farm to Work participant communications and customer service. Participants can call *Healthy Lives* at (855) 426-4325 with any questions.

*Healthy Lives* provides marketing materials to gauge interest in Farm to Work and to promote the program to your employees. We can also schedule an on-site demonstration with a produce box and actual produce so that your employees see first-hand the variety and volume of produce they can expect in each box.